



# Five Rivers

## Working in Partnership with Middlesbrough Council

Providing a Service to the Young People of  
Middlesbrough

Annual Report

March 2007





## How we measured our selves on how we achieve the five outcomes

---

- Young People's views
- Every Child Matters Documentation
- Statement of Purpose for each home
- Leaving Care Act
- Children Act 2004
- Five Rivers Policies and Procedures
- Feedback from Parents, Professionals, Regulation 33 Reports and CSCI Inspections



# Every Child Matters

---

- Five Outcomes are:
  - Be Healthy
  - Stay Safe
  - Enjoy and Achieve
  - Make a Positive Contribution
  - Achieve Economic Well Being



# How We Have Achieved Young People Staying Healthy by:

---

- ❑ Promoting self care by encouraging young people to bathe and take care of their personal Hygiene.
- ❑ Supporting a young person in getting dental treatment who had a phobia about attending the dentist.
- ❑ Supporting a young person who was diagnosed with diabetes.
- ❑ Supporting a young person through the early stages of pregnancy and will continue to support.
- ❑ Working with Teenage Pregnancy.
- ❑ Supporting young people in attending MAC to help them deal with issues around alcohol, drugs, smoking.
- ❑ Working with SECOS around raising sexual awareness with young people.



## How We Have Achieved Young People Staying Healthy by:

---

- Working closely with the CLA Nurse and other medical organisations around Health Living issues
- Attending Health Facilitators meetings.
- Supporting young people in attending CAHMS appointments.
- Supporting young people in attending physical exercise such as swimming, walking and going to the gym.
- Ensuring the majority of our staff are trained in 4 day First Aid
- Supporting young people attending DISC



## Quotes from Young People on how they feel we have achieved keeping them Healthy:

---

- “Teach us about what drugs can do.”
- “Give us healthy food and not too much sweet stuff.”
- “Arrange exercise, where we go walking, gym, football, swimming and bike rides.”
- “Try to encourage us not to smoke and drink”.
- “Taking me to the Doctors when I’m ill”.
- “Cook healthy food or at least they try to”.
- “ Encourage us to walk to places”.



# We have ensured the young people have Stayed Safe by:

---

- ❑ Ensuring all staff have an enhanced CRB Check before working with young people.
- ❑ Working closely with YOS and SECOS.
- ❑ Ensuring we identify any risks at the pre placement meetings, and continually updating these as necessary.
- ❑ Following Child Protection Procedures.
- ❑ Following Missing from Placement Protocol.
- ❑ Making ourselves aware of the recommendations from Government reports.
- ❑ Promoting safety by utilising the young persons spare time and involvement in clubs and activities.
- ❑ CSCI Inspections.
- ❑ Ensuring we have tackled Bullying.
- ❑ Ensuring we have a consistent approach to any risk.




## Quotes from Young People on how they feel we have achieved keeping them Safe

---

- “Make sure we do not put ourselves in danger”.
- “Looking after my security by locking doors”.
- “By giving me advice and reporting me to the police when I don’t come home”.
- “Tell me to keep my mobile on if I go out”.
- “Remove things I might hurt myself with ”.
- “Giving me boundaries”.
- “Telling us about keeping safe”.
- “Making sure we are not bullied”.
- “That’s why we have to come in on time”.
- “Learn us to respect people”.
- “They teach us right from wrong”.





# We have ensured the young people Enjoy and Achieve by:

---

- ❑ Attending parents evenings.
- ❑ Encouraging and supporting external education.
- ❑ Encouraging individual interests.
- ❑ Promoting friendships and relationships.
- ❑ Promoting social skills.
- ❑ Working in Partnership with Social Services, Education, Leaving Care, YOS.,RAP, Health, SECOS, Police, Barnados, MAC, Connexions.
- ❑ Promoting a "Happy Home Ethos".
- ❑ Promoting education through incentives and rewards.
- ❑ Computer and Internet access.
- ❑ Tackling exclusions and unauthorised absences from school.
- ❑ Acting as a mentor for young people in school.
- ❑ Supporting the young person as they make the transition from school to employment or training.



## Quotes from Young People on how they feel we have helped them Enjoy and Achieve

---

- “Staff make me smile”.
- “ Help me with my homework”.
- “Staying at a hotel for the first time”.
- “Learn us how to be independent and mature”.
- “They supported me to go to college”.
- “I have been give the opportunity to try new interests”.
- “They reward our achievements”.
- “They teach us what makes the world go round”.
- “They encourage us to stay as long as possible”.



# We ensured the young people have made Positive Contribution by:

---

- Giving them the opportunity to talk to CSCI and Regulation 33 Inspectors.
- Involving them in the planning and review process.
- Ensuring there is the opportunity to attend young peoples meetings.
- Supporting access to the compliments and complaints procedure.
- Ensuring we act as good role models.
- Ensuring we work towards reducing the criminal activities of young people by working with Restorative Justice.
- Facilitating contact with families, where appropriate.
- Ensuring we feed back to the Partnership Board any issues or concerns, and highlight the positive outcomes for young people.
- Facilitating one to one sessions with young people to ensure they have the opportunity to discuss any concerns.
- Involving young people in choice for decoration of the home.



## Quotes from Young People on how they feel we have helped them Make a Positive Contribution

---

- “ Staff Listen to us”.
- “ There is always someone around”.
- “ By telling staff my needs or writing them down”.
- “ They are there for you and support you in meetings and asking my views”.
- “ Helping with DIY jobs in the house”.
- “ We can get points for prizes and buy what we want, this gives us chance to save up for what we want”.
- “ Staff encourage us to do new things”.
- “ Help us to look to the future”.
- “ They have given me lots of life skills”.
- “ We should be involved in who comes to live in our home”
- “ Staff make us smile”.



We ensured the young people  
have Enjoy and Achieve Economic and Well Being BY:

---

- ❑ Promoting Education, Health, Social Skills.
- ❑ Encouraging family contact.
- ❑ Providing of allowances, supporting and promoting budgeting skills.
- ❑ Encouraging good self care.
- ❑ Allowing young people to make choices.
- ❑ Supporting young people into Independent Living.
- ❑ Empowering young people.
- ❑ Supported the transition into adulthood .

# Quotes from Young People on how they feel we have helped them to Achieve Economic and Well Being

---

- "I get weekly pocket money to spend how I like".
- "I save up my weekly clothing money so that I can buy clothes like my mates".
- "We get money for haircuts and our toiletries too".
- " They teach us right from wrong".
- " Help me with my home work".
- " This is the first time I have felt settled in a home" .
- "The staff are good at Rosecroft".
- "This is like a normal house people, don't expect it to look like that".



## Quotes from Young People on how they feel we have helped them to Achieve Economic and Well Being

---

- "Its alright".
- "The outings are good".
- " I'm happy about being here, yes I'm away from my family arguing, but can still see them, but its like a new life for me, I get along with the staff and children and its fun here, and better than being stressed at my Mum's house".



# Summary

---

- The National framework for children's services suggests The Children's Act 2004 together with Every Child Matters: Change for Children, sets out the government's direction for local programmes of change to be led by Local Authorities and their Key Partners.

This brings together Local Authority Health, Education, Criminal Justice Services, Voluntary and Community organisations with other local Partners to deliver improved services for Children.



# Summary

---

We at Five Rivers believe we have made positive steps in aiming to achieve within our current Partnership.

Five Rivers believes it will continue to grow and learn as we progress into developing the service further via the Partnership with Middlesbrough Council.

Our aim is to continue to provide an excellent service to the young people of Middlesbrough.